

QUVIVIQ™
(daridorexant) (IV) 25mg, 50mg
tablets

Trouble falling asleep or staying asleep?

Insomnia needs a wake up call



Meet QUVIVIQ™

What is QUVIVIQ?

QUVIVIQ is a prescription medicine for adults who have trouble falling asleep or staying asleep (insomnia).

Important Safety Information

Do not take QUVIVIQ if you fall asleep often at unexpected times (narcolepsy).

Please see additional Important Safety Information on pages 9–11. See full Prescribing Information and Medication Guide.



What is QUVIVIQ?

QUVIVIQ is a prescription medicine for adults who have trouble falling asleep or staying asleep (insomnia).

**Insomnia can really take its toll.
That's why there's QUVIVIQ.**

It's clinically proven to help you fall asleep faster and stay asleep longer. With more sleep, you may feel less tired during the day.

Important Safety Information

Tell your healthcare provider about all of the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

- Taking QUVIVIQ with certain medicines can cause serious side effects. QUVIVIQ may affect the way other medicines work and other medicines may affect the way QUVIVIQ works.
- **Do not take QUVIVIQ with other medicines that can make you sleepy unless instructed by your healthcare provider.**

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The QUVIVIQ difference



Consistent, better sleep

QUVIVIQ can help you fall asleep faster and stay asleep longer.

In clinical studies, nightly use of QUVIVIQ resulted in continued sleep improvements over time.*

With more sleep, you may feel less tired during the day.

*Improvements measured at 1 and 3 months.



Safety studied with nightly use

In clinical studies, QUVIVIQ showed a lack of withdrawal symptoms after stopping usage, suggesting no physical dependence.



1 tablet, taken at night

QUVIVIQ should be taken each night, 30 minutes before bed to help you get the sleep you need.

Important Safety Information

QUVIVIQ is a federally controlled substance because it can be abused or lead to dependence.

Please see additional Important Safety Information on pages 9–11. See full [Prescribing Information](#) and [Medication Guide](#).

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How QUVIVIQ works

QUVIVIQ is thought to target one of the biological causes of insomnia, overactive wake signaling, which may be keeping you awake.

QUVIVIQ is for adults with consistent trouble falling or staying asleep. It should be taken each night, 30 minutes before bed, to help you get that much-needed sleep.

Important Safety Information

QUVIVIQ may cause serious side effects, including:

- **Decreased awareness and alertness.** The morning after you take QUVIVIQ, your ability to drive safely and think clearly may be decreased. You may also have sleepiness during the day.
 - o Do not take more QUVIVIQ than prescribed.
 - o Do not take QUVIVIQ unless you are able to stay in bed for at least 7 hours before you must be active again.
 - o Take QUVIVIQ at night within 30 minutes before going to bed.

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How to take QUVIVIQ

Take QUVIVIQ exactly as prescribed by your healthcare provider—one time each night, right before bed. Only take QUVIVIQ when you can stay in bed for a full night (at least 7 hours) and avoid alcohol while taking it. QUVIVIQ may take longer to work if taken with, or right after a meal.



Important Safety Information

Before taking QUVIVIQ, tell your healthcare provider about all of your medical conditions, including if you:

- have a history of depression, mental illness, or suicidal thoughts or actions; drug or alcohol abuse or addiction; a sudden onset of muscle weakness (cataplexy); daytime sleepiness
- have lung or breathing problems, including sleep apnea
- have liver problems
- are pregnant or plan to become pregnant
- are breastfeeding or plan to breastfeed

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What to expect when taking QUVIVIQ



Clinically proven sleep improvements

In clinical trials, people who took QUVIVIQ saw improvements to their sleep after the first week, and those improvements continued with nightly use over the course of the three-month trials.

Falling or staying asleep with QUVIVIQ may be different from what you've experienced in the past.

When you start taking QUVIVIQ, it's essential to give it a fair trial period to see how it's working for you. Be sure to talk to your doctor about how it's going.

The most common side effects are headache and sleepiness.

Important Safety Information

QUVIVIQ may cause other serious side effects, including:

- **Worsening depression and suicidal thoughts.** Call your healthcare provider right away if you have any worsening depression or thoughts of suicide or dying.
- **Temporary inability to move or talk (sleep paralysis) for up to several minutes, or hallucinations while you are going to sleep or waking up.**
- **Complex sleep behaviors** such as sleep-walking, sleep-driving, preparing and eating food, making phone calls, having sex or doing other activities while not fully awake that you may not remember the next morning. Stop taking QUVIVIQ and call your healthcare provider right away if you experience a complex sleep behavior.

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Too tired to read all that?

Here's a recap:

- QUVIVIQ can help adults with insomnia:
 - Fall asleep faster
 - Stay asleep longer
- In studies, when taken nightly, QUVIVIQ led to improved sleep over time with no increased dose
- In clinical trials, the most common side effects reported were headache (7%) and sleepiness (6%). Those who stopped taking QUVIVIQ did not experience withdrawal symptoms, suggesting it doesn't cause physical dependence
- It works differently than medication you may have taken in the past, so falling asleep and staying asleep may be different too
- QUVIVIQ is a prescription medicine for adults with insomnia. Your doctor may prescribe it through vitaCareSM or your pharmacy
- Join Q&You for info on copay savings, support on taking QUVIVIQ, sleep tips, and more

Talk to your doctor to see if QUVIVIQ is right for you.



Important Safety Information

What should I avoid while taking QUVIVIQ?

- Do not drink alcohol while taking QUVIVIQ. It can increase the effects of alcohol, which can be dangerous.

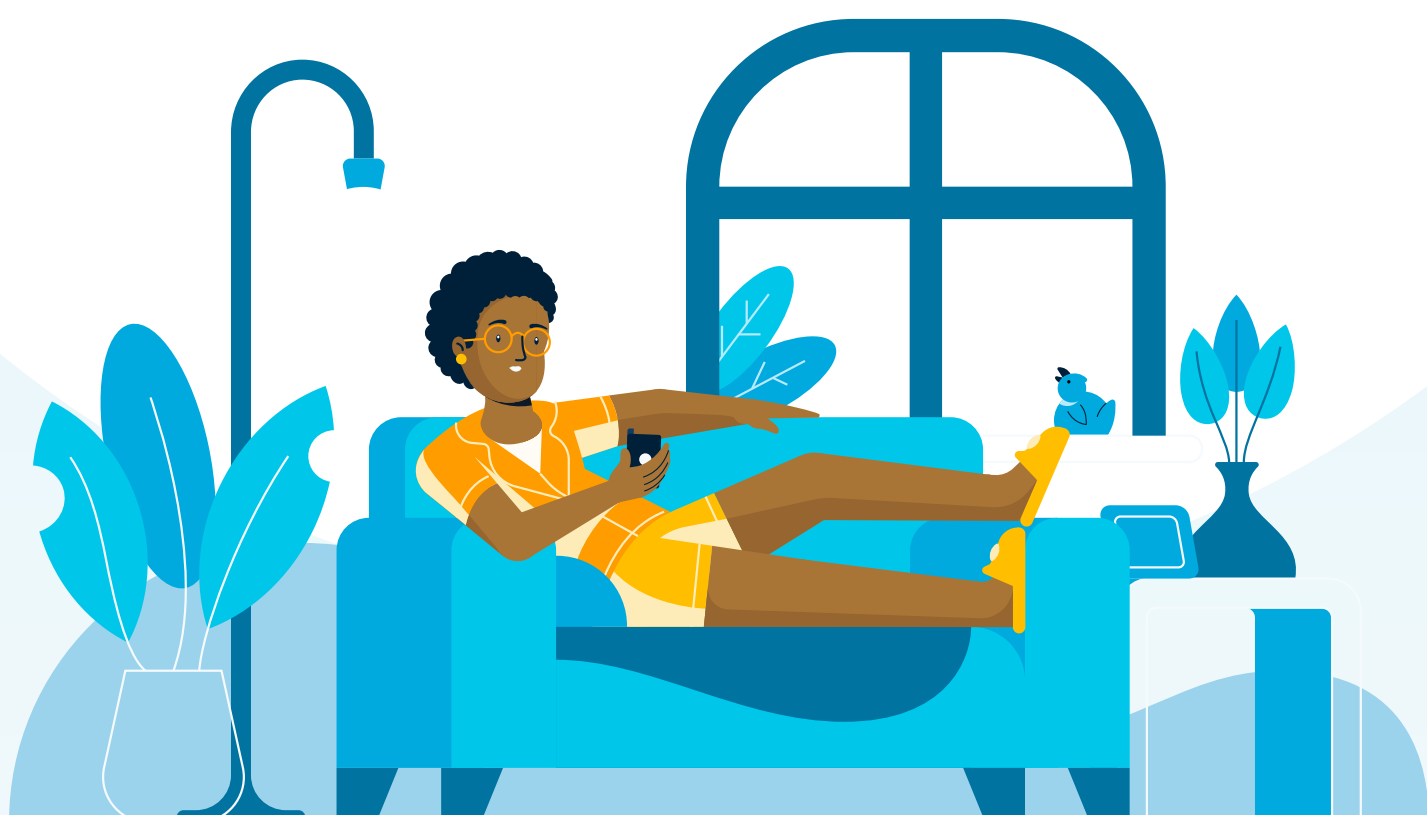
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Q Up Better Support!

Q & You

PATIENT EDUCATION PROGRAM



For information on copay savings, support for taking QUVIVIQ, sleep tips, and more, register for Q&You today!

LEARN MORE AT

[QUVIVIQ.com/QandYou](https://quviviq.com/QandYou)

Important Safety Information

What should I avoid while taking QUVIVIQ?

- Do not drive, operate heavy machinery, do anything dangerous, or do other activities that require clear thinking if you do not feel fully awake, or you have taken QUVIVIQ and have less than a full night of sleep (at least 7 hours), or if you have taken more QUVIVIQ than prescribed.

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Indication and Important Safety Information

Indication

QUVIVIQ is a prescription medicine for adults who have trouble falling asleep or staying asleep (insomnia).

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 - Do not take QUVIVIQ unless you are able to stay in bed for at least 7 hours before you must be active again.
 - Take QUVIVIQ at night within 30 minutes before going to bed.

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- have lung or breathing problems, including sleep apnea
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What should I avoid while taking QUVIVIQ?

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- Do not drive, operate heavy machinery, do anything dangerous, or do other activities that require clear thinking if you do not feel fully awake, or you have taken QUVIVIQ and have less than a full night of sleep (at least 7 hours), or if you have taken more QUVIVIQ than prescribed.

QUVIVIQ may cause other serious side effects, including:

- **Worsening depression and suicidal thoughts.** Call your healthcare provider right away if you have any worsening depression or thoughts of suicide or dying.
- **Temporary inability to move or talk (sleep paralysis) for up to several minutes, or hallucinations while you are going to sleep or waking up.**
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Important Safety Information

The most common side effects of QUVIVIQ are headache and sleepiness.

These are not the only side effects of QUVIVIQ. Call your doctor for advice about side effects.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see additional Important Safety Information on pages 9 and 10. See full [Prescribing Information](#) and [Medication Guide](#).



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